**Rivers** Meet

ACTIVE

THE

SWIMMING

## INTERESTED IN SWIMMING LESSONS? LOOK NO FURTHER!

**Rivers** Meet

INCLUDES: CHILDREN'S LESSONS FROM PARENT & TODDLER CLASSES TO JUNIOR LIFEGUARD ACADEMY. ADULT SWIMMING LESSONS FROM BEGINNERS, IMPROVERS AND MASTERS.

PRIVATE LESSONS OF 1-1S & 2-1'S AVAILABLE TOO!

FOR MORE INFORMATION, CONTACT: SWISH@GCLT.ORG.UK



Admissions: Adult - £7.20 Concession - £6.70 Junior - £4.95 Pool Memberships From £36.00 a month Join Today!

## Swimming Pool Timetable 22/04/25-25/05/25

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	00.00						12.00				10.00			10.00	20.00	21100
Monday	Lane Swim			Aqua	Public	Disabled & 50+	Lane Swim	School Public	Disabled & 50+	Public	Swim	School	Public	Aqua	Lane	Swim
TUESDAY	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Public	Swim School		Lane Swim	School Booking Public		olic	Swim School			Turbos Lane Swi		ne Swim
10X	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
wednesday				School booking		Gentle Aqua		Public School Booking			Swim School		Turbos Lane Swim			
THUSDAY	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Masters Lane Swim			Public Disabled		Lane Swim		School booking	Public	Swim School		Publ	*Aqua	*Aqua Lane Swim		
Friday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Public			Aqua	School	Public Aqua		Swim School Staff Training		Turbos			
Saturday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Swim School			Public	Lane Swim	Splash	Lane Swim						
SUNDAY	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		La	ne Swim	Pub	Public		*Party Hire	Lane Swim	Public	Lane Swim						

The pool will be cleared 3 minutes before each session is due to end. Public sessions will have 1 fast lane in at all times and 1 closed lane. RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements of the business - Please see "Pool Closure Notice" on our Website or at Reception Young Swimmers - Please note that under 8's must be accompanied and supervised in the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

## \*Thursday Aqua fit starts 1<sup>st</sup> May



**Demolition Run**! Race your friends on our exiting new inflatable **Strong swimmers only**- please arrive 15 minutes before session starts (8-15 years)